

MONDAY MORNING MEETING MINUTES

Meeting Date: January 3, 2023

Johanna D'Aleo opened the meeting at 9:00 a.m. with the reciting of the Pledge of Allegiance. As this was a short meeting, there was no singing of the National Anthem and O Canada. There were 4 returning guests this week.

Hospital Report – Delores said that much of today's news is a Praise Report. Bruce Maltrud had a shoulder replaced on Wednesday and was home by Friday. Doing well. Physical therapy to follow. Jim Anderson has moved to Solara/McAllen on the 8th floor until his lungs heal. Sue Anderson is doing well. Carol Frederick came home last Tuesday. Carolyn Adams is waiting for results of a cat scan. Cliff Simpson is also waiting for results of cat scan on Thursday. Jean Dasso's son passed away last Monday of a heart attack at 61 years of age, and she has flown home. Ron Amundson is back in the hospital. A friend of Nev and Butch Nichols, Don, back home went into cardiac arrest after choking and was without oxygen for 20 mins. He is not breathing on his own and they have asked for prayers. Shelly Vavrin was in the hospital on Christmas Day with RSV, and home on Friday. John Vavrin has RSV, pneumonia and Covid and went to the ER with low oxygen levels. There was also an ambulance here today due to a dehydration issue. Delores led us in prayer.

Thirsty Thursday this week is at Red Lobster on 10th Street. Meet at 3:30, eat at 4:00.

Blood pressures by Nancy after the meeting.

Senior Golden Age Olympics – Our Chair, Linda Gillick, is here but asked Stu to address the group. The Sign Up Event is today from 9-noon at Las Palmas Event Center on 25th Street. Programs have directions (back of the Hall). You can continue signing up at all Community Centers in McAllen. Next week is shuffleboard singles, 8 ball singles and doubles, cribbage and darts. Must sign up for these events this week. Shuffleboard is next Monday. Following week – Hearts, Bowling singles, Walk and Talk, 500, and McAllen Marathon (if you want to run 25 miles). The white sheets at the back of the Hall are the entry forms. All participants get a tee shirt but not in yet. Stu showed us the new medal. Rock and Roll is the theme this year. Marilyn Bullington is organizing a meeting today at noon at the Hobby Shop for anyone who is interested in doing the Painting event. Call Linda, Marcia or Stu for details. Marilyn has most of the brushes. The painting needs to depict Rock and Roll. Entrants will have to pay the \$7 registration fee to Parks and Rec. She is hoping for 20 people.

Stu added that if you go to the GAO, please try to get team photos with names. Send them to TOT.ourtown@gmail.com.

Sherry Dickey's exercise class, Exercise with weights is MWF at 8 a.m. Bring weights on Monday and Friday. Jean Couch will host Wednesday "Keep it moving" class.

On January 11th at the Wednesday night dance, the theme will be Blast from the Past. Wear attire from your teenage years. There will be a photo booth. Prizes for the best male and female costume. Ideas for costumes may be found in the Costume Closet in the AC Room. Dance is \$8.00, 7-10 pm

Margie wanted to thank everyone for the cards that were sent to Nanci Rickert. She wanted all to know how important you made her feel. She plans to be back in Legends in a day or two and they will wean her off antibiotics at that time.

Red Hats luncheon is next Tuesday in Edinburg. Cars leave at 11:00 a.m. so be at the flagpole earlier than 11. Floy has extra red hats.

There are two bus trips in process: Gladys Porter Zoo on January 24th – 8 a.m. Tickets in advance \$60 at Activity Office. Includes breakfast, lunch, zoo tour and live animal encounters, plus a tram ride.

The second bus tour is January 31st to the Alpaquita Farm. It is a self-guided 1 ½ hour tour where an alpaca walks with us on a leash. There is a charcuterie board lunch. Cost is \$45. This includes the bus.

On January 20th, there is a yard flag Painting Class, 2-4 pm, AC Room. Cost is \$25. All paints and supplies are included. 20 max attendees.

Two dances this week: Steven May and the Southern Knights on Wednesday. The Chamberlins and Southern Express on Thursday. Both are 7-10 pm, \$8. The Chamberlins and Southern Express are a 5-piece band featuring Mary Chamberlin, who has earned many awards including the OK Country Music Association Entertainer of the Year.

On Sunday, January 8th, from 3-4:30, we will have Tim Dirth, the Hitman, play for us. BYOB. Happy hour. Minimum suggested donation is \$5. Concessions will be open.

Vial of Life – Please update your information on the form. Delores has new forms available. She is suggesting that everyone write their meds on the back so that they are very visible to the paramedics. List your supplements as well. There is a magnet for the fridge and a decal for the door. Recently, some forms were not updated and when needed, the med list was 5 years old. Also, on back of your badge, Delores suggests that you put your Lot number, emergency contact and their phone number.

Wear your name tags to all Park events. There are a lot of new faces to introduce you to.

Horse Collar – Team Shuffleboard – You can win a tee shirt on Fridays at 6:15 pm. Marilyn also makes hot chocolate bombs as prizes. At the beginning of March, there is a banquet where the prizes will be awarded.

Peter Piper Pizza is next Tuesday, at Pecan and 10th. Drawing for free buffets given out. Owners very generous to us.

Bingo is Monday nights at 7 pm. Cards sell at 6:30 pm. If anyone is willing to step up to call the numbers, please see Marilyn or Carolyn Williams. Thanks to Jim Demaree for calling last night!

Wood Shop – Spaghetti dinner tickets are on sale at the back of the room at the MMM and from Wood Shop monitors. Tickets are also being sold at the MMM for a Quilt, 84" x 92" double-sided. A version of the Rocking Chair that is being built was displayed. Tickets are \$5 each for the quilt or 3/\$10. Tickets for the Rocking Chair are 3/\$20 or \$10 each. Tom Whedon, Leo Fisher and Pete Soderberg are working on the rocking chair. These sell for \$3100-\$3600 online. Donations for the Unique to your Area basket are coming in. It will be a live auction. Please stay rather than take-out so you can enjoy the auction.

Sherrie Brink is taking more pictures of your yard art for the Treasure Hunt. Each week there are 12 new pictures posted on the bulletin board by the darts (post office area). Last week's winner is Helen Willis. The winner will display the award (a solar totem pole) in your front yard for one week. The pictures are also on the Tip O Texas Residents page on Facebook. This week, 5 people got all the answers correct. Drawing for winner: Steve and Diane of Lot #858. Answers for this week are due by Saturday in the box by the dart board. Even if you don't get all the answers, turn in your sheet so we know how many are participating. Posted on Residents' Facebook page as well.

Poker Run – On January 7th, next Saturday, there will be a Poker Run. Start behind Al Barnes. \$5 per hand. Max of 8 hands. Don't need to know how to play poker. Best hand wins. Dealer gives you cards at each stop. All money collected will be given out as prizes. If enjoyable, we will do this once a month. At 4:00, reconvene for prize payouts.

Tai Chi – Tuesday and Thursday, Main Hall, 9:15 a.m. Today, right after MMM.

Sewing Room News: Jan 4th Sewing Room Luncheon will be a potluck in the AC Room at noon and at 12:30 meeting and activities. Sign up sheet in Sewing Room. January Sewing Room Classes include Jan 2 and Jan 9 Calendar wall hanging; Childrens' Book Pillow class on Jan 23rd for yourself or to give out next Christmas. Posted in Sewing Room.

Sewing for Children on Thursday, Jan. 4th. 9 a.m.-3pm Making fleece blankets, quilts. Need pinners for quilts, and ironing. Need help. Blankets go to the Donna School System which is the poorest in the Valley.

Sewing Room Style Show is on Tuesday, Feb 21. Tickets at Sewing Room. \$10. Raffle tickets for 1 of 2 quilts also available for purchase at the Sewing Room.

Vitalent Blood donations will be in Al Barnes, Tuesday Jan 3 until noon. Walk-ins welcome. Great need for blood so donate if you can.

Cheryl Schneider's class on Diabetes has been postponed until next Tuesday due to illness.

Kitchen News: Wednesdays, 5-7:30 – hot dogs, cheeseburgers, polish sausages in Main Hall. Tuesday (today) Lunch is Meatloaf, \$8. Please sign up at the back of the Hall. Saturday breakfast is breakfast casserole, \$6. Next week lunch is baked spaghetti. Also sign up at back of Hall.

Molly B tickets for February 17, Tuesday, are also on sale at the Activity Office. \$15 in advance, \$17 at door.

Tickets **for bus tour to** the Alpaca Farm (Jan 31) are also available in the Activity Office, \$45. We will open it up to other parks if we cannot fill the bus. Zoo bus tour is sold out.

Chair Volleyball – Saturday, 3 pm We may cut it short to participate in the Poker Run.

Wood Shop raffle was \$52 and won by Lot 824.

The meeting adjourned at 9:45 a.m.

Tip 'O Texas Activities Directors
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